



# BARCELONA 2016 INTERNATIONAL TROPHY

## ORIENTEERING RACES



## PRESENTATION

The International Trophy Ciutat de Barcelona (TICBCN) is a competition that started with the aim of allowing Catalan selection to share an event with other European elite selections. Later, its aim was modified and it was opened to all participants individually. The competition has kept through its nine editions its playful nature. The organizers are working with the idea to achieve that all participants might enjoy the races and the city of Barcelona, which is now a touristic and sportive reference site worldwide.

The Orienteering Club of Catalonia and the City Council welcome you to our city. We hope you to have a good stay and to get the most out of the races that we have prepared.

Now, on its 10th edition, we are preparing an event with two programmed races:

- 05/11/2016 **Middle distance race** at Mundet-Monbau.
- 06/11/2016 **Long distance central area City Race Euro Tour.**

The winner of TIC BCN 2016 will come out of the sum of the timings obtained on the two days races.

Besides that, there will be other **activities** in the competition centre at Institut Jaume Balmes. See the programme and do not miss them!



## HOW TO GET TO BARCELONA



The nearest airport is Barcelona-El Prat where major airline companies operate (15 km). Girona airport is also near Barcelona (80km).

<http://www.aena-aeropuertos.es/csee/Satellite/Aeropuerto-Barcelona/ca/>



The two Railway companies to get to Barcelona are RENFE <http://www.renfe.com/> and FGC <http://www.fgc.cat/cat/index.asp>.

The following companies operate in the metropolitan area:



TMB <http://www.tmb.cat/ca/home>



FGC <http://www.fgc.cat/cat/index.asp>



Tourist information: <http://turismedebarcelona.com/>

## ACCOMMODATION

Barcelona offers an excellent range of accommodation suitable for any budget.

In TURISME DE BARCELONA website, you will find all options:











<http://turismedebarcelona.com/>

# PROGRAMME

## Runners Check-in | 04/11/2016

Type	Activity	Place	Day	Time
 Reception	Runners check-in	Institut Jaume Balmes	04/11/2016	18:00

## Middle Distance Race | 05/11/2016

Type	Activity	Place	Day	Time
 Reception	Runners check-in	Institut Jaume Balmes	05/11/2016	09:00 12:00
 Activity	Guided tour 1	Institut Jaume Balmes	05/11/2016	10:00 12:00
 Race	Micro-sprint	Institut Jaume Balmes	05/11/2016	10:00 12:00
 Activity	Beginners short course	Velòdrom d'Horta	05/11/2016	14:00 14:30
 Start	Race start	Velòdrom d'Horta	05/11/2016	14:30
 Race	Middle distance race		05/11/2016	14:30 18:00
 Closure	Finishing line closure	Velòdrom d'Horta	05/11/2016	18:00
 Race	Micro-sprint	Institut Jaume Balmes	05/11/2016	20:00 21:00
 Event	Party	Institut Jaume Balmes	05/11/2016	20:00 22:00
 Activity	Guided tour 2	Institut Jaume Balmes	05/11/2016	20:00 22:00

## Long distance Euro City Race | 06/11/2016

Type	Activity	Place	Day	Time
 Reception	Bibs handing over	Institut Jaume Balmes	06/11/2016	09:00 13:00
 Activity	Beginners short course	Institut Jaume Balmes	06/11/2016	09:45 10:00
 Start	Race start	Institut Jaume Balmes	06/11/2016	10:00
 Race	Long distance Euro City Race	City centre map	06/11/2016	10:00 13:30
 Closure	Finishing line closure	Institut Jaume Balmes	06/11/2016	13:30
 Awards	Prize Giving	Institut Jaume Balmes	06/11/2016	14:00

## LOCATIONS

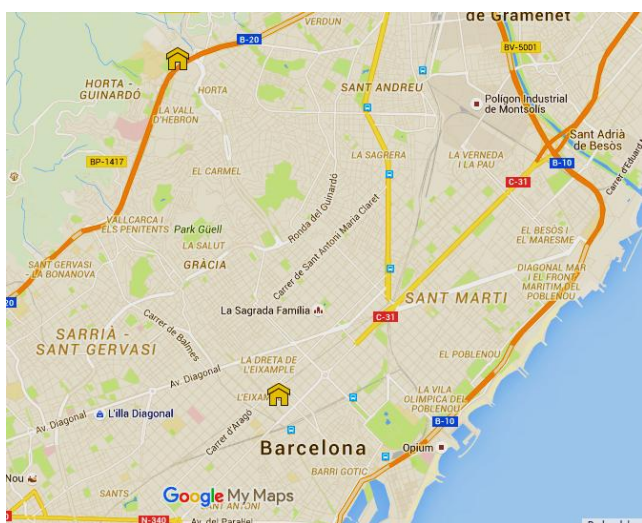
CC1 → [Institut Jaume Balmes](#)

121 Pau Claris Street Barcelona 08009

CC2 → [Velòdrom d'Horta](#)

185 – 201 Passeig de la Vall d'Hebron

[Click](#) to open the map at Google Maps





## CATEGORIES

The available categories match with established categories of City Race Euro Tour.



### OFICIAL CATEGORIES (Count for CRET Ranking)

Category M/W	Age until 31st December 2016
Youth (16-)	Age <= 16
Junior (20-)	16 < Age <= 20
Men/Women Elite City Race	21 <= Age <= 34
Veteran (35+)	35 <= Age <= 49
Supervet (50+)	50 <= Age <= 64
Ultravet (65+)	65 <= Age

### NON OFICIAL CATEGORIES (Do NOT count for CRET Ranking)

- Open
- Children (M/W 12-)
- Beginners Adults (Long)
- Beginners Children (Short)

## FEES

TIC BCN 2016	TIC BCN 2016 Two races	One race	Out of date >= 17/10/2016 O-on line >= 24/10/2016 FABIAN 4
>16 years	30€	+15€	+5€ per race
<16 years	20€	+10€	+5€ per race
Beginners adults	20€	+10€	+5€ per race
Beginners children	10€	+5€	+5€ per race

Temporary License (compulsory for non-federated)	+3€
SportIDENT chip hiring	<ul style="list-style-type: none"><li>+4€ per race deposit needed (1)</li><li>Free for beginners children</li><li>Free for &lt; 16 anys</li></ul>
TIC BCN '16 T-shirt	+10€
Touristic Tour	<ul style="list-style-type: none"><li>+15€ (&gt;16years)</li><li>free &lt;= 16 years going with an adult</li></ul>

(1) A deposit of 50€ must be handed in or an identity card, which will be returned once SportIdent is given back. In the event of loss 50€ will have to be paid.

## REGISTRATION

Registration will be through [Orienteeringonline](#) and [FABIAN4](#) online platforms.

Orienteeringonline → **before 17/10/2016**

FABIAN4 → **before 24/10/2016**

## TIME-KEEPING

All categories, including those for beginners, will be controlled through the SportIDENT system. To do so, runners will need an electronic card or chip, which will be hired to all participants who need them with the payment of 4€ and a deposit.



## ARRIVAL

On arrival, the finish line SportIDENT base must be punched and the map handed in, which will be placed in bags with the bib number written at the back and sorted by clubs and countries. Once the competition is finished, the maps will be handed back.

Competitors should then address to the finish tent to download the SportIDENT chip to the computer that records the results.

If the chip is hired, it has to be returned. In the event of loss 50€ will have to be paid.

Refreshment will be available for all runners.



## ASPECTS TO KEEP IN MIND

- **Car Traffic:** Traffic will not be cut off. Although traffic is limited in those areas, it is very important to watch every time you cross any street. Please, respect the required neutralized crossings, which will be monitored by the Organization staff and regulated with the SportIDENT system. Pedestrian crossings regulated by traffic lights must be respected too.
- **Attention to pedestrians:** Due to the busy traffic of the city, you have to be very careful with the cars. Always respect pedestrians as well as roadways rules.
- **First aid :** First aid service will be ready in the competition centre on Saturday and at the arrival on Sunday. In case of evacuation, the injured runner will be transferred to the nearest Hospital of the area.
- **Traffic-Works:** We are running within an urban area and, it is possible that works that do not exist at the time of printing the map, may appear at the time of the race. Similarly, the Parks and Gardens city service could change the green zone of the long race if, unexpectedly, they started working on an area.
- **Locker-Space:** COC staff will improvise a place where bags and objects could be placed, but they will not be held responsible for any objects left there.
- **Showers:** in the competition centres there will be the opportunity to take a shower on Saturday as well as on Sunday.
- **WC Cabinets:** toilets will be available in the competition centres on Saturday and Sunday.
- **Refreshment:** apart from public fountains existing along the circuit, a refreshment facility will be provided at the end of each race in the competition centres.
- **Footwear:** Metal studs are not recommended. Versatile/multipurpose footwear is advisable.
- **Children's area:** There will be an area available for children while their parents are running - where they can stay under their parents' responsibility. Some COC staff will supervise the area. Remember that those participants with very young children can ask for a different starting time from their respective partners. These requests will be met if possible.

## COMPLAINTS

Due to the type of race, we set that no circuit will be cancelled in the event of a control misplacement.

In case of a claim for this reason, the technical jury might decide to cancel those legs defined in the appealed control. Therefore, all runners must consider finishing the race even though they find problems due to either the accessibility of the public to the controls or to organizational errors. Any complaint must be submitted in writing before the prize giving ceremony.

## RESULTS

Provisional results will be published in the competition centre and on the Internet.

## PRIZES

The first 3 competitors for each official and non-official categories will get a prize.



## ORGANITZERS



## COLLABORATIONS



